

Patient Preparation Instructions

Please follow these instructions unless your physician has indicated otherwise

M.R.I. / M.R.A.

1. You may eat and drink normally, no preparation needed.
2. If on pain medication, please take 30 minutes prior to exam.

C.T.

Abdomen

1. Do not eat or drink after 12:00 midnight the night before the exam.
2. Arrive 1 hour prior to the exam

Abdomen/Pelvis

1. You must be NPO (nothing to eat or drink) for at least 8 hours before your test.
2. You will have (1) one bottle of CONTRAST which you will drink 3 hours prior to your appointment time.
3. You will have another bottle of CONTRAST which you will drink 2 hours prior to your appointment time.
4. Remember, you cannot eat or drink anything else once you have started your CT prep.
5. You may take medication the day of your exam as long as you take it before you start your CT prep.
6. Please be at your appointment 30 minutes prior to your scan time.
7. You will receive your third drink at that time.

Chest and Brain

1. Do not eat or drink anything 4 hours prior to the exam.

All New CT Patients

1. Should fill out a new contact information sheet.

ULTRASOUND

GB, Liver, Pancreas, Retroperitoneal Space, Abdomen, Aorta

1. Nothing by mouth after midnight.

Pelvic – OB or Non OB

1. Drink 4 to 6 large glasses of water or other fluid one hour before exam. **NO NOT USE THE RESTROOM.** You must have a full bladder.

MAMMOGRAPHY

1. Do not wear any powder or deodorant under the arms or near the breast area.
2. If possible, bring old films with you to the exam.

PET SCAN PREPARATION

Please arrive 15 minutes early to confirm registration. The staff at AIOO will make your experience comfortable and easy. There are no side effects from the scan or the simple injection that is needed for the exam. Professional PET/CT interpretation is provided by PET/CT trained and board certified radiologist.

Please call if you have any questions at all.

1. **IMPORTANT:** Nothing to eat or drink except water for 4 hours prior to your appointment.
2. We recommend you drink 4 glasses of water during those 4 hours.
3. If you are known to have **diabetes**, please call AIOO for special instructions.
4. Arrive at the PET/CT center **15 minutes** prior to scheduled appointment time.
5. Plan to be at the center for 2 hours, your scan will take approximately 40 minutes.
6. Bring your **INSURANCE CARDS** and any medical information you or your doctor feel is necessary.
7. For **BILLING** questions, please call AIOO at (352) 867-1214.

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